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Curriculum Units by Fellows of the National Initiative
2022 Volume I: Children and Education in World Cinema

Social Emotional Learning Through Film

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by Carol Boynton

This six- to eight-week unit, designed for students in kindergarten through third grade, focuses on Social Emotional Learning. Students learn to identify and discuss the feelings and emotions of the characters in the various films they view, including *Inside Out*, *Shrek*, *The Red Balloon*, and many others. They focus on identifying and recognizing six emotions: happy, sad, afraid, angry, surprise, and disgust. The film *Inside Out* shows students that we all have lots of emotions, which we can identify, manage, and understand in ourselves and others. *Shrek* gives students an opportunity to observe and identify how emotions change over time, through a variety of experiences. Finally, students make a personal photo album of their own facial expressions.

(Developed for Reading and Writing, grade K; recommended for Reading and Writing, grades K-2)

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